

# BASKETBALL INDIVIDUAL WORKOUTS

With Coach Al Morales

ALL YEAR ROUND  
BOYS AND GIRLS  
AGES 9 AND UP



*Coach Morales has worked with all levels of players including High School, College Overseas and current NBA players.*

## OPTIONS:

One-on-One Training  
Small Group Training  
1 Hour or ½ Hour Sessions

**1-HOUR SESSIONS  
MONDAY- SUNDAY**

Weekends and Holiday  
Sessions Available.  
*Depending on court availability.*

**For more information contact Al Morales at [amjrhoops12@gmail.com](mailto:amjrhoops12@gmail.com)  
or call 845-406-0130**



# Individual/Group Shooting Training With Coach Al Morales

And the.....



## *Shooting Gun*



½ Hour or 1 Hour Available

*“The Shooting Gun” is the best basketball shooting machine to date for dramatically improving your ball players shot. This basketball shooting machine will act as an automatic rebounder, instantly rebounding a made or missed shot and giving a direct return pass for another shot.*

*Caution: Prolonged use  
could change your*



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